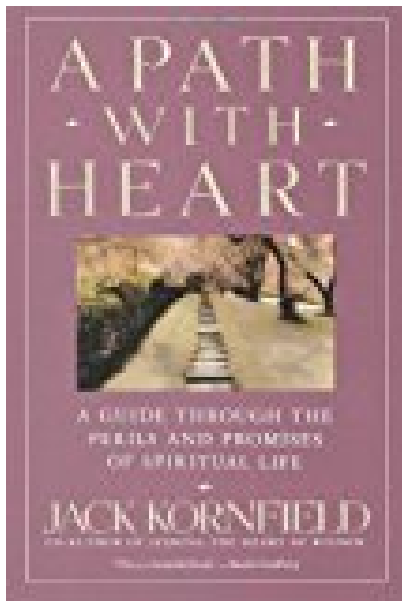


# A Path with Heart A Guide Through the Perils and Promises of Spiritual Life

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## BOOK DETAILS

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## BOOK SYNOPSIS

A guide to reconciling Buddhist spirituality with the American way of life addresses the challenges of spiritual living in the modern world and offers guidance for bringing a sense of the sacred to everyday experience.

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